

Maternity Self-Referral Form

This form may be downloaded from **www.alexandrasurgery.com** You do **not** need an appointment with your GP to arrange this referral.

I am pregnant and would like to book to have my maternity care at
Barnet Hospital
North Middlesex Hospital
Whittington Hospital

Date of request (dd/mm/yy):

Surname: First Name:	Previous Surname:
Title: □ Mrs / □ Ms / □ Miss / □ Other NHS No (if known):	Marital Status:
Have you attended this hospital before? Hospital No (if known): Address:	□ Yes / □ No
Post code:	
Date of Birth (dd/mm/yy): Home Tel: Mobile Tel:	Gender: FEMALE
Can the hospital contact you by text message? Email:	Yes / No

Ethnic Group: How long have you lived in the UK? Do you require an Interpreter? If yes, which language do you speak: Religion:	Nationality:
First day of your last menstrual period:	

This day of your last mensural period.		
Have you already booked at another hospital?	🗅 Yes / 🗅 No	
If yes, name of hospital you are booked at:		
Do you have preference for type of delivery (e.g. birt	hing centre, home birth)?	
If yes, name of hospital you are booked at:		



Details of Previous Pregnancies: (Date of delivery, number of weeks pregnant, type of birth, weight of baby)	
Have you had any operations or illnesses, including depression?	
Prescribed Medicines:	
Are you taking Folic Acid supplements? Folic acid is important for pregnancy; it can help prevent bir microgram folic acid tablet every day, until you are 12 weeks	
Do you take any medicine bought over the counter? If yes, please specify:	□ Yes / □ No
Any allergy:	

Do you smoke? If yes, how many a day? Do you drink alcohol? If yes, how much in a week? 🛛 Yes / 🗖 No

Yes /	/ 🗖 No
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Contact information of Social Worker (if any) Full Name: Address: Telephone No:

GP Name: Practice Name Address:	 Dr N Sivananthan / D Dr A Sivananthan / D Dr Alexandra Surgery 125 Alexandra Park Road, Wood Green, London
Post Code:	N22 7UN

Please fill in your details and return this form to the surgery reception **or** by fax to 020 8888 3815 **or** by email to **alexandrasurgery@nhs.net**